

## SIGNATURE EUROPEAN FACIALS

Our facials were created by artfully blending cutting-edge technology with innovative products, European skin care techniques, and holistic massage therapy.

### *Prelude* \*

This express 30-minute session targets specific concerns with a customized Organic Aloe Pepti Nano treatment mask. The immediate reviving effect on the skin creates a glowing complexion, perfect for a special occasion.  
*30 min-\$140*

### *Piano* \*

A relaxing recovery facial, followed by a soothing seaweed treatment mask is an effective method to intensively moisturize and nourish the skin, promote relaxation, reduce anxiety, and relieve tension and facial pain. It is especially effective before or after an Electrolysis procedure; helps shorten recovery time.

*40 min-\$170*

### *Allegro* \*

Exfoliate and deeply nourish skin with this award-winning mask, a formula of Pumpkin Enzymes and Vegetables. Loaded with antioxidants, this layered fortifying peel rejuvenates and supports the skin, leaving it incredibly soft, smooth, and clean.

*60 min-\$170*

### *Sonatina* \*

This facial includes deep exfoliation and ultrasound pore purification or customized face massage, followed by our luxurious Pepti Nano Mask. This is an important first step in preparing the skin for rejuvenating treatments.

*50 min-\$210*

### *Sonata* \*

This facial is designed for acne-prone skin: a deep exfoliation followed by 15-minute extractions, a high-frequency treatment, and an Algae Peel-Off Mask. These procedures help eliminate acne and blackheads, tighten pores, and prevent future skin breakouts.

*75 min-\$290*

## INNOVATIVE SKIN THERAPY

These specialty treatments utilize Viktoria DeAnn BioActi Peptides, Microcurrent, Ultrasound, and LED Light Technology. They are non-invasive, safe, and provide lasting results. They can be used as recovery facials after Waxing or Electrolysis.

### *Andante* \*, \*\*

This photo-rejuvenation facial uses specific wavelengths of natural red and infrared light energy to restore the skin’s normal activity. It promotes natural production of collagen and elastin, reduces the appearance of aging spots and sun damage. Results in younger, healthier-looking skin.

*30 min-\$170; 20 min-\$110*

### *Forte* \*, \*\*

Microcurrent treatment is a biologically compatible electrical skin therapy, which helps “recharge the battery.” It improves circulation, firmness of the skin, reduces dark circles and puffiness around the eyes. Your immediate, refreshed appearance lasts for days. This system supports successful treatments of acne, rosacea, and recovery after electrolysis or a surgical facelift.

*60 min-\$290; 20 min-\$120.*

### *Fortissimo* \*, \*\*

Awaken your Sleeping Beauty and see the instant changes in your skin: firm, smooth, rehydrated, with reduced fine lines, wrinkles, and hyper-pigmentation. This facial includes layered Restore treatment with Nano Peptides, LED Light Therapy and Microcurrent for an instant, non-invasive Face Lift. Perfect before any special occasion.

*90 min-\$390*

### *Bravo* \*, \*\*

If you have sagging, drooping eyebrows, this simple procedure will provide an instant, noninvasive brow lift. Non-surgical muscle reeducation helps sculpt and contour the brow area, including the forehead and cheekbones.

*30 min-\$170*

## SPA AND BODY TREATMENTS

### *Adagio* \*, \*\*

The Amethyst Crystal Facial is a very relaxing, yet powerful treatment. It helps tone the skin, reduces puffiness, soothes and lifts the skin through the art of classic facial massage combined with the holistic properties of amethyst crystals for a radiant glow. It is a very effective and relaxing way to revitalize your stressed skin and target unique facial areas for an instant glow.

*60 min-\$170*

### *Sonata Spa* \*, \*\*

Our own unique combination of Bio-Acoustic Mat, Amethyst Bio-Mat Treatment, Amethyst Crystal Facial, and Full-Body massage infused by the powerful healing properties of Ametrine crystals customized to create an unforgettable experience. Escape from daily stress and enjoy the therapeutic benefits of innovative music therapy and holistic face and bodywork.

*150 min-\$420*

### *Cinderella Facial Makeover* \*, \*\*

Do you feel sometimes feel like Cinderella, working non-stop with no time for yourself? When you finally have an event, you’re frustrated by fine wrinkles, eye bags, rough skin, clogged pores, and red pimples that makeup can’t hide.

*Our Cinderella Facial Makeover will help eliminate these skin problems and relieve your stress.*

An incredibly relaxing, extra-pampering, spa facial that includes special treatment of the neck and décolleté’. Cleansing, exfoliating, hydrating, LED face rejuvenation, and toning procedures are all performed with carefully choreographed face, hand, and foot massage, which is good for the skin and the psyche. Hand and foot moisturizing pampering treatment is included in this package.

*120 min-\$380*

## SPECIAL CARE TREATMENTS

### *Calma* \*, \*\*

The special formulation of Viktoria DeAnn Peptides products in addition to a soothing LED procedure, make this facial ideal for sensitive, dehydrated, or reactive skin. Clients with rosacea or other redness problems will benefit greatly from this treatment.

*45 min-\$190*

### *Presto* \*, \*\*

This blemish relief treatment, ideal for teens, targets acne and purifies problem areas. A combination of Beauty Water compress, deep exfoliation, 15 min extractions, and a chlorophyll-rich mask balances skin’s pH level, helps clear pores, prevents new breakouts and provides hydration and protection.

*45 min-\$180.*

### *Applause* \*\*

A fantastic smile is an accessory you always want to carry with you. Over the years, teeth undergo wear and tear, like stains from dietary factors such as coffee, smoking, juice, soda, wine and more. Enjoy the fast, simple and effective way to brighten your smile with the Professional Pearl White LED System.

*60 min-\$270*

### **\*-Accompaniment**

These services can be combined with Amethyst Bio-Mat treatment. The Amethyst Bio-Mat emits negative ions and far infrared rays. The gentle warmth has an overall massaging and cleansing effect on your body, soothing jangled nerves and knotted muscles with its natural healing properties. You will feel rejuvenated and renewed —restored in body and mind.

### **\*\*-Duet**

Combine the luxury of our unique Sonata Zen experience with any treatment and enjoy the therapeutic benefits of BioAccoustic Mat, Guided Meditation, Plant Therapy, and Kangen Tea. *30 min-\$50*



Create your own Medley by adding these services to your Facial or Spa Treatments.  
Feel refreshed and restored!  
Let our brow expert show you the way to a Perfect Arch:

Eyebrow Design	\$90
Eyebrow Corrections	\$70
Follow up Tweeze/Wax	\$40

*Stress Relief Face Massage*

A basic relaxing facial massage geared towards your individual needs. It helps tone the skin and keep underlying muscles firm. It is a perfect relief from tension, eyestrain, sinus congestion, headaches, and facial pain. *15 min-\$55*

*Classic Face Massage*

This classic face, shoulder, and décolleté massage relaxes your facial, neck and eye muscles. It stimulates circulation, providing the feeling of tranquility and heightened well-being. This massage is characterized by fluid movements, long strokes and kneading. *25 min-\$65*

*Custom Facial Wrap*

Warm, aromatic and moisturizing Aloe Vera facial wrap, followed by gentle massage, light pressure-point work to relax, uplift, and tone the skin. It is a very effective treatment for sagging skin and double-chin. *20 min-\$65*

*Happy Feet*

This gentle foot massage using aloe heat cream will help you relax. A specially formulated cream will relieve aches and tiredness, reduce swelling and soften the skin. Repeated treatments help reduce calluses. *20 min-\$60*

*Foot & Hand Eco-Fin Wrap*

This comforting treatment combines the benefits of heat and the moisturizing properties of Eco-Fin. It is wonderful for soothing tired, travel-weary feet. \$50

HAIR REMOVAL

Everyone wants to eliminate unattractive hair that appears on the face or other parts of the body. Whether you want to remove your hair permanently or you are looking for a convenient, non-permanent method, we will help you find a solution that suits your individual needs.

ART-WAX FOR HER

	Regular Price	Sonata Club Price
Brows	\$40	\$35
Lip or Chin	\$30	\$25
Underarm	\$45	\$40
Half Arm	\$35	\$30
Full Arm	\$50	\$45
Half Leg	\$65	\$60
Full Leg	\$95	\$90
Abdomen	\$40	\$35
Traditional Bikini	\$55	\$50
Extended Bikini	\$65	\$60
Brazilian Bikini 1st visit	\$95	\$90
Brazilian Bikini follow-up	\$85	\$80

ART-WAX FOR HIM

Neck	\$30	\$25
Chest or Back	\$75	\$70
Shoulders	\$50	\$55
Sideburns/Ears/Nose	\$25	\$20

Prices may vary according to your individual needs.

*Permanent Hair Removal*

Invented in 1875 by Dr. C. Michel, an ophthalmologist, **Electrolysis** is the only method of Permanent Hair Removal that is medically recommended. It has become very popular with both men and women. Initial visit: Minimum charge - \$100 (up to 10 minutes)  
Follow-up sessions based on time and treatment plan.

*Meet Nataliya*

Internationally Trained  
Skin Care and Hair Removal Specialist



40 Years of Experience in the  
Beauty Industry  
Licensed Esthetician  
Licensed Electrologist  
Licensed Massage Therapist  
Member of AEA, AMTA

*Services are Available:*  
**MONDAY - FRIDAY**  
**10:00AM-6:00PM**  
Call to make an appointment  
**907-279-7190**

**SonataSpa.com**



*Sonata Spa*

**European Facials**  
**Innovative Skin Therapy**  
**Permanent Hair Removal**

**Electrolysis**  
**Waxing**

**Massage Therapy**